



I'm Lisa Chadsey, a **Certified Light Therapist.**

I want to help educate people on how to take control of their health so they can live a joyful life again.



What is Low Level Light Therapy (LLLT)?

Low-Level Light Therapy (LLLT) is a fast-growing technology used to treat a multitude of conditions that require stimulation of healing, relief of pain & inflammation, as well as the restoration of function with targeted wavelengths of light. There are no side effects to Low-Level Light Therapy.

Why should you use Light Therapy?

Because I want you to feel good again. This means no aches and pains. I want you to sleep and not have stomach issues. I don't want you to be on unnecessary medication anymore. Light Therapy helps to repair down to the DNA for you. It gives your cells the information they need to heal itself.

What does Light Therapy treat?

- Sleep
- Joint pain
- Inflammation + swelling
- Bone fractures
- PTSD
- Weight loss
- Neuropathy
- Diabetic Wounds
- Tight muscles
- Mood Disorders
- Skin conditions
- And More!

How do the lights work?



Blue Light

Blue light therapy is known for its antimicrobial (bacteria killing) and anti-inflammatory effects in the initial stages of the healing process. It penetrates to the epidermis which helps to release collagen. (For example, the health of your skin.) It helps to balance hormones, cortisol (stress levels), and cytokines (a molecular messenger.)



Red Light

This light goes down a half inch to an inch into the body which speaks to tendons, ligaments, muscle, cartilage, and tissue. Red light works by producing a biochemical effect in cells that strengthens the mitochondria and gives your body the energy it needs.



Infrared Light

One of the characteristics of this light is that it penetrates four to six inches into the body providing a much better depth which is able to create pain relief. It helps to bring circulation to traumatic brain injuries, depression, anxiety, and mood disorders.

Common Questions About Light Therapy

Is Light Therapy recognized by the medical community?

Yes!! Light Therapy is labeled as BioMedicine. This branch of medicine is concerned with the application of the principles of biology and biochemistry to medical research or practice.

What is the best equipment to use for Light Therapy?

I use In Light Therapy, Inc. pads; these pads use Polychromatic LED Technology. In Light Therapy, Inc. has been in business for 36 years. This equipment IS the Tesla standard of the industry.

How Does Polychromatic LED Technology Work?

Light is an essential nutrient of life. Using the sun's light as therapy dates back thousands of years. Modern science has evolved the engineered delivery of the beneficial wavelengths (colors) of the sun's light into Low-Level Light Therapy (LLLT) technology.

Is there an age limit to use Light Therapy?

No. This can be used with newborns, toddlers, teenagers, and beyond.

Does Light Therapy Help with COVID?

Light Therapy helps to stop the progression of the damage that COVID causes (as well as other illnesses) and helps to start repairing cells. This allows the cells to boost the natural defensive mechanisms to protect against respiratory issues, neurological damage, and viral sicknesses.

Are there any side effects to Light Therapy?

There are no negative side effects. No adverse reactions have ever been reported to the Federal Drug Administration.

Is Light Therapy safe to use on children?

Yes, I have helped many children that have had injuries, sleep, stomach and behavioral issues. I adjust the time I apply the lights on children with incredible results. Children respond really well to Light Therapy.

Are the pads safe to use on animals?

Yes! Light Therapy has been shown to be effective for canine pain therapy and for relieving pain and healing injuries in sport horses.

Connect with me

Want to learn more about Light Therapy? Go to <https://www.lightmattersinfo.com/15minutecall> to connect with me for a free 15 minute call about how Light Therapy can bring healing to your life.



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